

Domestic Violence Awareness Month is October 2022

According to the article, "Domestic Violence and Disability" in Audacity Magazine (Mel Ashford, 4/2022), "Domestic violence rates are twice as high amongst people with disabilities as with non-disabled people." The article states that 1 in 4 women, and 1 in 7 men experience domestic abuse each year. That means 1 of every 2 women and one in every 3-4 men with disabilities experience domestic abuse each year.

Domestic abuse is not just about hitting or physical aggression. Abuse can be verbal, emotional, psychological, financial, spiritual or any form of coercive control. The author states;

Some of the disability-specific issues victims of domestic violence face include:

- Controlling or restricting access to medications and doctors, or even disallowing it completely
- Supervising doctors visits and refusing to allow the victim to attend medical appointments alone
- Using a lack of mobility to abuse the victim sexually
- Encouraging dependency on them, such as becoming a carer or swapping your mobility car for the abuser driving you around (Ashford 2022)

You can read the full article by going to www.audacitymagazine.com/disability-and-domestic-violence/.

HELP IS AVAILABLE

Domestic abuse of any kind is NOT OK!! ALWAYS tell someone you trust. Know that there are caring people, including doctors and counselors who will support you. If you need help and don't know what to do, you can contact the police by dialing 911.

You can also get help and support via the following:

- The National Domestic Violence Hotline: **1-800-799-SAFE(7233)**. A videophone line is also available for D/deaf callers (206) 518-9361. You can also access help via chat.
- The Deaf Domestic Violence Hotline: 855-812-1001.

REMEMBER:

Love is NOT supposed to hurt!



What's new in Arc Advocacy around the country?

Dear Friends,

People with disabilities often face discrimination when trying to access health care. This has been even more evident during the pandemic. To address this problem, Section 1557 was passed as part of the Affordable Care Act. This helps stop discrimination based on disability. It also provides protection for other marginalized communities. The rules were revised in 2020 and left out important protections for people with disabilities during a crisis like COVID-19.

Right now the federal government is considering changes to Section 1557 to help improve health care. The Arc US reports,

"The proposed rule changes would ensure that people with disabilities aren't given less care because they have disabilities. It would also ensure the right to:

- receive services in the community,
 - accessible medical technology and devices, and effective communication,
 - including alternative formats and sign language interpreters, if necessary."
- www.thearc.org)

If you would like to support these changes, you can write to your legislators. If you want to advocate in other ways, go to The Arc US website at www.thearc.org, click on the tab "Get Involved" tab, then select from several areas of advocacy to see what more you can do!

Gretchen Sanewsky, Executive Director

What's new in Self-Determination in Wayne County?

As of October 1, 2022 Community Living Services (CLS) will provide Supports Coordination for individuals who wish to self-direct their services and supports. CLS will no longer have any administrative responsibilities. Detroit Wayne Integrated Health Network (DWIHN) now has all administrative oversight of self-directed arrangements.

What does this mean for you? All those who use The Arc NW as their financial management service have been smoothly transitioned. You should continue to receive the services you need to live your best life!

Financial Literacy Workshop



Financial Literacy Workshop

• Topic: Smart Credit Moves

• Date: Tuesday, October 25, 2022

• Time: 6:00 pm

• Place: Online

• Registration required

Contact: Bette Cunningham (313) 532-7915 ext. 204
or bcunningham@thearcnw.org

JFC News

Welcome to the season of Autumn! This is a great time of year for apples, cider and donuts. We had over 150 members and families at our hot dog roast in September. Everyone had so much fun visiting with many of their friends. We still have a lot of badges to pass out at our Halloween dance.

Our next scheduled event is the Halloween dance at Thurston High School, on Friday, Oct. 14, from 6:30-9:00 p.m. We will be serving cider and donuts and it is \$3.00 at the door for entry. The Trademark band will be playing their music. Everyone is welcome to get dressed up for our Halloween dance! We always see so many great costumes!

NOTICE:

In case we need to CANCEL a dance ... Please go to the Arc Facebook page to see our updated information (The Arc of northwest Wayne county) or call Lana at the Arc, 313-532-7915, extension # 206
website: www.arcnw.org for all of the up to date information regarding this dance and all the future monthly events that we have scheduled.

Happy Autumn,
Jackie Norris

Lekotek News

Lekotek Play and Toy Lending is OPEN!

Come see the new playroom in our Canton building!

Children with disabilities, ages birth-12 years, can come for monthly play sessions and borrow toys. Choose from over 2,000 toys selected by our Play Leader. Fall is a great time to supplement learning goals!

Contact Lana: lrichardson@thearcnw.org 313-532-8524



SAVE THE DATE



BALL FOR ALL DINNER DANCE 2023

Laurel Manor, Livonia FEBRUARY 25, 2023
More Details to Come in January





2021-2022 Board of Directors

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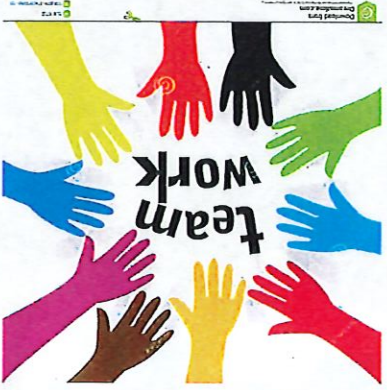
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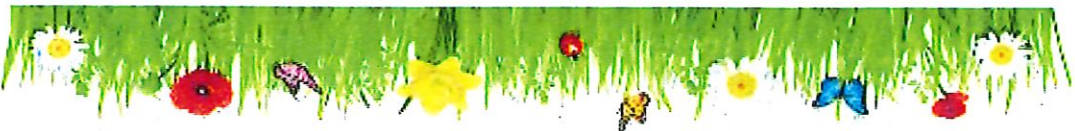
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 Advocate - Khalliah Montgomery



October 2022



Northwest Wayne County

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4	5	6	7	8
9	10	11 Arc Board Meeting 5:30 Pm at The Arc NW	12	13	14 JFC Halloween Dance Thurston High School	15
16	17	18	19	20 Friends and Family Open House 4:00 - 7:00 pm	21	22
23 /30	24 / 31 Halloween	25	26	27 Annual Appreciation Breakfast 9-10 am at The Arc NW	28	29
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The Arc.
Northwest Wayne County
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Canton, Michigan 48187

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The Arc.
Northwest Wayne County
7170 N. Haggerty Rd
Canton, Michigan 48187
313-532-7915

Inside The Arc is also available online at thearcnw.org
Call 313-532-7915 to end your printed mailed newsletter

Membership Application

Member Name(s) _____
Address _____
City _____
Daytime Phone _____
Email Address _____
Signature: _____

Membership Dues
 New Member
 Renewing Member
DONATIONS \$100
 \$25
 \$50
 \$75
Achieve with us!

\$25 Individual Membership
Additional Membership Fees: \$5 to Join Just Fun Club
\$15 to Join Leketek
An individual and his/her family or a group home with multiple residents. Includes additional membership fees for just fun club and Leketek.
 \$100 Organization
Businesses, non-profits, community groups, or government entities that support people with disabilities.

Friend us on Facebook
The Arc of Northwest Wayne County



MEMBERS AND FRIENDS OPEN HOUSE
Thursday, October 20, 2022 4:00-7:00 PM
Come enjoy refreshments and a tour!

7170 N. Haggerty Road
Canton, MI 48187



Inside The Arc
Monthly Newsletter
October 2022