

***"Be the change you wish to see in the world." Ghandi***

Those who know me are already aware that I love inspirational quotes, as they promote positivity and help bring about motivation toward change. I have worked in the disability service field for 26 years and am strongly driven by my desire to help achieve the best possible life outcomes for people with disabilities. I am very much looking forward to my return to Community Living Services (CLS) where I will be the future CEO upon the retirement of Jim Dehem, who has served as the CLS CEO with much passion and dedication for many, many years.

I truly believe we can change the world, not only by impacting the quality of life for each person we serve - one person at a time - but also by designing our service provision centered on the values we uphold. These values include a commitment to advancing person-centered planning, self-determination, full community participation, individual rights, social justice, and the use of respectful language.

Over the last few decades, I have experienced our Michigan service systems from many different perspectives. This includes as a family member, advocate, direct support professional, service provider, and funder. I am mindful of the ongoing struggles, but have also seen the hard work, commitment, positive outcomes, and the personal life successes resulting from our important work.

Our support system for people with developmental disabilities has gone through many changes in recent years and there are sure to be more changes ahead in the future. Regardless of what comes our way, we must remain fully focused on our ultimate purpose. I believe our ultimate goal should be to assist people to HAVE GREAT LIVES (not just great services).

I know there are uncertainties that face us, examples of these include the staffing shortages, budget / funding challenges, and the ongoing privatization debate in Michigan.

Our mutual determination to keep people first in all that we do, regardless of the changing environment, will always be my top priority. My last day at Oakland Community Health Network will be December 1, 2019 and my first day at Community Living Services (CLS) will be December 2, 2019. For the first two months, I look forward to working closely

with Jim Dehem to learn from his insight and experiences as the CEO of Community Living Services over the last 33 years. Jim will be officially retiring on January 31, 2020 and I will take over as the CEO the next day.



**Annette Downey**

I want to recognize the CLS staff, Board of Directors, people served, community allies and advocates who show up and speak out related to matters of injustice. I know that maintaining open, honest communication is key to establishing and cultivating effective partnerships. It is my hope that we can increase our collaboration and joint advocacy related to the potential threats

that influence the lives of those we are so honored to serve. It is also my sincere hope that we can come together as promoters of the best life possible for the people we serve. In good times AND in bad times, I hope we can have transparent dialog and work together on positive solutions when they are needed. Please know that I happily look forward to reengaging with the members of The Arc NW, and all of the valued stakeholders connected with Community Living Services as TOGETHER WE ARE ALL STRONGER. In the months, and years to come, I look forward to strengthening our partnership and dialog about what we hope to achieve, not only within our service system, but in our world.

**Changing the world may be a very broad goal, but I believe it is absolutely attainable and I look forward to working with each of you to do just that!**



26049 Five Mile Road  
 Redford, MI 48239  
 Phone: 313-532-7915 Fax: 313-532-7488  
[www.thearcnw.org](http://www.thearcnw.org)

Next Board Meeting  
 October 8, 2019

## 2019- 2020 Board of Directors

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Achieve with us.



United Way  
 for Southeastern Michigan

## Direct Care Professionals Recognition Week!

Dear Friends,

The Arc MI shared with us that “Governor Whitmer issued a proclamation recognizing the week of September 8 as Direct Support Professionals Recognition Week.” (Arcmi.org) The Arc NW currently works with about 140 direct care workers who provide support to individuals with intellectual and developmental disabilities as they participate fully in their communities. The value these staff bring to people being able to live independent, meaningful lives of their choosing is immeasurable. Yet low wages and lack of professional supports can undermine direct care workers’ feelings of worth. The Arc of MI reports that there is a crisis of not enough direct care workers.

The Arc of MI October 2018 blog reports on direct care workers, “Turnover rates average 37%. Some providers have been forced to discontinue services. Direct care starting wages, which are tied to Medicaid funding, are too low. Service providers cannot compete with other businesses that hire at the same level, often with fewer work demands”. (Arcmi.org) Across the country The Arc advocates for competitive wages and excellent working conditions for direct care workers. The Arc NW is deeply committed to ensuring that direct care workers served through our Fiscal Intermediary Services have the best supports in place to do excellent work. As The Arc NW grows our Fiscal Intermediary services, we look forward to more partnerships with direct care workers and to supporting more individuals living self-determined lives in Wayne County. We want to thank all the direct care staff in our network for the amazing work they do each day!

With Gratitude,

Gretchen Sanewsky  
 Executive Director





## Detroit Wayne Mental Health Authority takes new name that reflects broader role

Jay Greene September 04, 2019



**The Detroit Wayne Mental Health Authority is changing its name on Oct. 1 to the Detroit Wayne Integrated Health Network.**

The name reflects a trend in health care that looks at treating people in a holistic approach, which includes addressing mental and behavioral health needs, but also medical, social and dental issues.

"We are moving more toward the intersection of behavioral and physical health to provide a fully integrated system of care to the people we serve and we wanted our name to reflect the change as well," said President and CEO Willie Brooks Jr. in a statement. "We want people to know we provide services and supports to a wide range of populations including children with serious emotional disturbance, those with intellectual and developmental disabilities and individuals with substance use disorder and mental illness."



DWIHN, the largest of 12 regional behavioral health networks in Michigan, provides care to 75,000 children and adults it serves in Wayne County. Detroit Wayne Integrated Health Network this week posted a short video about the name change and the network.

"The timing is right for this change as we are in the midst of a system transformation where we are changing the way we do business by working directly with our service providers and offering a more holistic approach to care," Brooks said. In May, DWIHN announced a pilot project to partner with one or several Medicaid health plans to integrate mental and physical health. The proposal could save up to \$25 million in unnecessary hospital emergency room visits and inpatient hospitalizations that could be used to expand mental health services.

The Arc of Northwest Wayne County  
The Arc of Western Wayne County

## After I'm Gone Program



### October 3, 2019

At Western Wayne Skill Center/Garfield Community School  
**Social Security & The Dept. of Health and Human Services**

### October 10, 2019

At Western Wayne Skill Center/Garfield Community School  
**Supporting People in Decision Making**

### October 9, 2019

At Roosevelt-McGrath Elementary School  
**Person Centered Planning &  
Self-Determination**

### October 22, 2019 2:00- 4:00pm Via Zoom webinar.

**Person Centered Planning & Self-Determination**

You MUST RSVP via email in order to get participation login:  
info@thearcww.org

Information sessions are held monthly  
during the school year at

**Western Wayne Skill Center/Garfield  
Community School**

10218 Arthur St., Livonia, MI 48150

*and at*

**Roosevelt-McGrath Elementary School**  
36075 Currier in Wayne

**6:30pm - 8:30pm**

**Please RSVP: 734-729-9100 or 313-532-7915 ext 204**

**info@thearcww.org**

**mdriscoll@thearcnw.org**

Check our website for info on  
webinars beginning in **October!**

**www.thearcnw.org**

We had a beautiful, warm summer day for our "Welcome Back" hot dog roast on Friday, September 6th at the Livonia Rotary Park. There were over 216 members, families and staff attending this year. It's always so great to see so many faces and friends getting together to have fun. The Pavilion was nicely decorated patriotically in red, white and blue bows, streamers and flowers. A big thanks to our gals (Sandy, Barb, Angie, Karen, Mary, Maureen, Elena, Patti) for decorating!

A very special thank you to ALL of our committee members and volunteers (Bill Beck, Patti, Richard, Peggy Barnes) who helped so much setting up, cooking 400 hot dogs and serving everyone so quickly! We couldn't do it without all of you!

Thurston high school construction is completed and so **ALL cars may park in the back** near the cafeteria (same as before) parking lot. It has been expanded so this should help a lot. **DO NOT pull into the front of the school! Our new starting time is 6:30pm and ending (pick up) is 9:00pm.**

REMINDER: Halloween Dance, Friday, Oct. 11, \$3 at the door. Thurston High School, 6:30 - 9:00pm. Looking forward to seeing all of those great costumes.

Happy Autumn,  
Jackie Norris

# JUST FUN CLUB NEWS





## Krazy Kopz

### Millionaire Parties/Texas Hold 'Em 2019 - 2020

to benefit The Arc of Northwest Wayne County

@ Vision Lanes

38250 Ford Rd. (at Hix Rd.) Westland, MI 48185

More Millionaire Parties coming in January, April and October of 2020



## Thursday, October 3rd through Sunday October 6th

Thursday and Friday evenings from 6:00pm to 2:00am  
Saturday and Sunday from 10:00am to 6:00pm

To learn more or to volunteer contact Pat Zagar at  
pzagar3@gmail.com or call The Arc NW office at 313-  
532-7915

\*\*\* MARK YOUR CALENDARS \*\*\*  
You won't want to miss it!

Happy Fall Everyone! Baseball & Soccer are over and Poly Hockey is in full swing. Basketball will be starting in December. Players or parents ask your coaches, or call Lana at the Arc, to find out when your health form will be expiring. Remember the health form **MUST** be current for the entire season of the sport.

**A health form expires (3 years) from the date of the doctor's exam date.**

### Mark & Save the Dates.....for sport & fundraiser events for the Sport Program

Poly Hockey Area Games – October 12

Poly Hockey State Games – November 23 & 24

Area 23 Basketball Games – February 15, 2020

Regional Basketball Games – March 7, 2020

Sport Program Bowling Fundraiser – May 1, 2020 @ Westland Bowl

Area Spring Games – May 8, 2020

## The Arc Sports News

**Next Area 23 Sport Coordinators meeting – November 11<sup>th</sup> all coaches are invited.**

Enjoy the Fall & Happy Halloween - Janice

### GUYS & DOLLS

#### SATURDAY AFTERNOON BOWLING

#### OAK LANES



We have room for NEW Bowlers

For more info please contact:

**Jim Gallas 248-318-8856 (cell) or**

**jagallas@comcast.net**

**1:30pm Start Time -**

**Bowlers please arrive by 1:15pm**

**2 - Games Each Saturday at a cost of \$6 for the day**

### The Arc Early Birds Bowling League



We still have openings!

We bowl every other Saturday morning at 9:00 at  
Oak Lanes on Middlebelt in Livonia. It's a fun  
league made up of bowlers with a variety of skill  
levels. If you want to join, please call Vicki Soto at  
**734-422-3732.**

# Memorials

## In Memory of Sean Radon

Jackie Marchewka  
Andrea Rogoff  
Mark & Linda Forsthoefel  
Debbie & Cody Bartlett  
William & Kristine Copeland  
Joseph Blair  
Wanda Madden  
Sue Rodmond  
Paul & Claire Burke  
Rick & Renee Jedele  
Larry & Cathy Stanley  
Jeff & Diane Smith  
Rebecca Wenglinski  
Eunice Schmidt  
Marianne Licari  
William Mullally  
Barbara Pooley & Anne Gobel  
Steve & Jan Fuslle  
Rob & Cathy Zeni

## In Memory of Lana McNutt

Ellen Stefaniak  
Lisa Collucci  
Linda Gronowski

## In Memory of Tammy Summer

Rita Wygonik  
Martha Wasen  
Jan Ramljak  
Marsha McLean

# Donations

If you hear of the passing of an  
Arc member please let us know.  
Help us honor the memories  
of our members and support one  
another through difficult times.

Call The Arc NW office at  
313-532-7915

Donna Smith  
The Beardens  
Bill Heaton  
Miriam Glantz  
Ms. Sue Gardynik  
Lynn Jones  
Lambert Solak  
Mark & Jane Averill  
Charles Bedro

Thank You



**The Arc**  
Northwest Wayne County

# October 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>The Arc NW Board Meeting</b> <b>October 8</b> <b>6:30pm</b> Arc Office</p>		1	2	3  3rd - 6th Thursday - Sunday Millionaire Parties/Texas Hold 'Em See Page 5 in newsletter	4	5  <b>Early Birds</b> Morning Bowling League 9:00am Oak Lanes
				<p><b>AIG</b> "SS &amp; Dept. of HHS" Skill Center/Garfield 6:30 - 8:30pm</p>		<p> <b>Guys &amp; Dolls</b> Afternoon Bowling 1:30pm Start Time Oak Lanes</p>
6	7  <b>Poly Hockey</b> <b>Wolverines</b> 7 - 8:00pm Cooper	8 <b>Poly Hockey</b> <b>Hotshots</b> 6 - 7pm <b>Wings</b> 7 - 8pm Riley	9 <p><b>AIG</b> "PCP &amp; Self-Determination" McGrath Elem. 6:30 - 8:30pm</p>	10 <p><b>AIG</b> "Supporting People in Decision Making" Skill Center/Garfield 6:30 - 8:30pm</p>	11  <b>JFC</b> <b>Halloween Dance</b> 6:30 - 9:00pm Thurston HS \$3 at the door	12 <b>Poly Hockey Area Games</b>  <b>Guys &amp; Dolls</b> Afternoon Bowling 1:30pm Start Time Oak Lanes
13	14  <b>Poly Hockey</b> <b>Wolverines</b> 7 - 8:00pm Cooper	15 <b>Poly Hockey</b> <b>Hotshots</b> 6 - 7pm <b>Wings</b> 7 - 8pm Riley  <b>ALSO TUESDAY the 22nd</b>	16	17	18	19 <b>Early Birds</b> Morning Bowling League 9:00am Oak Lanes  <b>Guys &amp; Dolls</b> Afternoon Bowling 1:30pm Start Time Oak Lanes
20	21  <b>Poly Hockey</b> <b>Wolverines</b> 7 - 8:00pm Cooper	22 <p><b>AIG</b> "PCP &amp; Self-Determination" <b>WEBINAR</b> 2:00 - 4:00pm <b>MUST rsvp in-</b> <b>fo@thearcww.org</b></p>	23	24	25	26 <b>Guys &amp; Dolls</b> Afternoon Bowling 1:30pm Start Time Oak Lanes
27	28  <b>Poly Hockey</b> <b>Wolverines</b> 7 - 8:00pm Cooper	29 <b>Poly Hockey</b> <b>Hotshots</b> 6 - 7pm <b>Wings</b> 7 - 8pm Riley	30	31	 <b>October is National Down Syndrome Awareness Month</b>	

**CHECK IT OUT!**  
The Arc of Northwest Wayne County's  
Web Site  
[thearcnw.org](http://thearcnw.org)

Friend us on Facebook  
The Arc of Northwest Wayne County

**Facebook**

**Instagram**



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*Each edition of this newsletter is prepared for mailing by volunteers from Zeta Tau Alpha.*



26049 Five Mile Road  
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Inside The Arc is also available online at  
[thearcnw.org](http://thearcnw.org)  
Call 313-532-7915 to end your printed mailed newsletter.

### Membership Application

Member Name(s) \_\_\_\_\_  
\_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
Daytime Phone \_\_\_\_\_  
Email Address \_\_\_\_\_

**PHOTO DISCLAIMER: By joining The Arc NW I am agreeing to have my image used for printed and online marketing efforts.**

Signature: \_\_\_\_\_

#### Membership Dues

New Member

Renewing Member

#### DONATIONS

\$25

\$50

\$75

\$100

\$150

\$ \_\_\_\_ Other

**\$25 Individual Membership**

**\$50 Family Membership**

**\$100 Organization**

Additional Membership Fees: \$5 to join Just Fun Club  
\$15 to join Lekotek

An individual and his/her family or a group home with multiple residents. Includes additional membership fees for Just Fun Club and Lekotek.

Businesses, non-profits, community groups, or government entities that support people with disabilities.

**Achieve with us!**