

Achieve with us.

We Want To Hear Your Story

Are you living your best life? Then we want to hear about it! We are celebrating people living self-determined lives at our Annual Meeting this May. If you would like to be featured, please send us your name, a brief update about you (five sentences or less), and a photo doing your most favorite thing whether that's work, school, travel, or hobbies.

Submissions and questions can be sent to Wendy Ernzen at wernzen@thearcnw.org.

We can't wait to learn about your amazing life!



**MARCH
IS OUR
MONTH**

**Intellectual & Developmental
Disabilities Month**

In 1987 President Reagan proclaimed March as National Developmental Disability Awareness Month focusing awareness on the potential of citizens with IDD to work, contribute, and enjoy typical lives. How can you celebrate National Development Disability Awareness Month?

One way would be to showcase the many accomplishments of the people you love who experience IDD. You can share stories of their many contributions to our community. The Arc NW can help and together we can let others know what we've achieved toward supporting your dreams and realizing the mission of The Arc.

(See above to share your submissions.)



26049 Five Mile Road
Redford, MI 48239

Phone: 313-532-7915 Fax: 313-532-7488

www.thearcnw.org

Next Board Meetings
March 12, 2019
April 9, 2019

2018 - 2019 Board of Directors

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Lekotek Librarian: Katie Perkins

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Clerical Assistant: Branden Powell

Office Manager: Latrice Wilborn

Achieve with us.



United Way
for Southeastern Michigan

From The Director

There have been some interesting developments in our state government since our new governor, Gretchen Whitmer, took office on January 1, 2019. Aside from having a terrific first name, she has initiated some changes that may impact those of us touched by intellectual and developmental disabilities. Gov. Whitmer appointed Robert Gordon as the new Director of the Michigan Department of Health and Human Services (MDHHS). MDHHS oversees Medicaid insurance, food assistance, and human services. Director Gordon most recently held a leadership position for College Board helping students prepare for college. He also worked in quality evaluation as part of the Obama Administration. You can read more about Mr. Gordon under Executive Staff Bios on the MDHHS website <https://www.michigan.gov/mdhhs>. The Arc will be closely observing the direction this new leadership will take MDHHS and how it might impact those with disabilities in Michigan.

Gov. Whitmer gave her State of the State address on February 12, 2019. One issue she highlighted was protecting access to healthcare. She is pursuing changes to the Healthy Michigan Plan work requirements, seeking to provide healthcare coverage to all those who need it. This is important as work requirement rules don't fit everyone's situation, ability, or disability, and could limit coverage. The Arc will continue to advocate for healthcare coverage for all Michigan residents.

The Disability Policy Seminar will be held in Washington DC on April 8-10, 2019. I will be attending, along with Jean Walsh from our Board. The group from Michigan plans to visit our legislators on Capitol Hill to advocate for the rights of Michiganders with disabilities and to lobby for positive change in the future. I am grateful for all of you who are impactful advocates in your daily lives!



Gretchen Sanewsky
Executive Director

Available from The Arc Michigan: 2019 income tax guide for persons supporting children and/or adults with intellectual impairment and/or related developmental disabilities.

You can find it on The Arc Michigan website: <https://arcmi.org>

2019 INCOME TAX GUIDE
45th Year of Publication
The Arc Michigan



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We'll be sharing pictures - and more - from the 2019 Dinner Dance in the April edition of our newsletter.

In the meantime, we'll also be sharing pictures on our Facebook page, so consider this notice as a reminder to tag us (or email us) with pictures you might like to share. Thank you!

ARC NW CLOSINGS DURING BAD WEATHER



The Arc NW may close the office when area schools are closed, and roads are impassable due to winter weather. The closing will be posted early in the morning on The Arc NW Facebook page and website. Thank you for your understanding as we seek to keep our staff and members safe!

The Arc of Northwest Wayne County
The Arc of Western Wayne County

After I'm Gone Program



March 21

"Beyond Group Homes"

Speaker will discuss the various community living options available to people beyond group homes with support from the mental health system.

March 28

"Estate Planning for Your Future"

Attorney Roxanne Chang will discuss the importance of establishing an estate plan to handle the future needs of your child with a disability. Topics include Special Needs Trusts, ABLE Accounts, Power of Attorney and Patient Advocate designations, wills and Letter of Intent.

Information sessions are held monthly during the school year at

Western Wayne Skill Center/Garfield Community School

10218 Arthur St., Livonia, MI 48150
6:30pm - 8:30pm

Please RSVP: 734-729-9100 or 313-532-7915 ext 204

SAVE THE DATE
Sunday, May 19, 2019
Arc NW Golf Outing



Fox Creek Golf Course

**36000 Seven Mile Rd.
Livonia, Michigan 48152**

Our Valentine's Dance was held on Friday, February 8, at Thurston High School. Our D.J. Randy played a lot of fun rock and roll songs to dance to. There were lots of Valentine goodies (heart necklaces, stuffed animals, headbands) for everyone to choose from.

Our raffle winners were: **John Beck, Brian Brandt, Carl Solak, Sue Clay, Nicole Brey, Janie Vermeulen, Pat Shonberg, Tony Samborski, Jonathon Bolton, Kory Porter, Craig Pytlak.**

IMPORTANT JFC Calendar of Events:

St. Patrick's Dance, \$3.00 at the door, March 15, 7:00-9:30, Thurston High School, front door entrance

Chicken Dinner/Dance, April 12, 6:30-9:30, Canton High School, MUST pre-pay \$5.00 at the Arc by Wednesday, April 3, 2019

Ice Cream Social/Dance, May 10, 6:30-9:30, Canton High School, MUST pre-pay at The Arc by Wednesday, May 1, 2019

Happy Spring,

Jackie Norris

JUST FUN CLUB NEWS

Get your bowlers together for the upcoming annual bowling fundraiser for the Sport Program on Friday May 3rd at the **NEW LOCATION – WESTLAND BOWL**. Price will remain the same at \$20 per person. April's newsletter will contain the bowling flyer.



Basketball season is winding down; **March 2nd** is **Northville District tournament** for the men's team. If you win both games you'll be advancing to the **State Finals at Calvin College on March 15 & 16**. The Ladies Hot Shots will be attending. Good luck to all the teams!!

Swimming and Field & Track practices have started. Remember coaches to check the expiration dates of your assistant coaches, volunteers, & athletes forms. **The forms must not expire before June 3, 2019.** Your GMS rosters are due to me ASAP but no later than March 18th.

Coaches of all sports: Once a roster is submitted to me and there is a change, even if it's an alternate or volunteer, let me know right away. I might be able to update GMS before it closes. Remember to drop me a line if a player does not attend an AREA event & the reason for not attending. I'll be able to reply to Area Director's questions about the athlete.

Health Form to Lana – Parents & coaches, before you submit a health form to Lana to email to SOMI, please review it first to make sure it is **completely filled out** & all signatures were obtained from doctor, parent, guardian, or athlete. Thank you coaches & volunteers for all you do.

Janice

The Arc Sports News

Hip Hop Tots Comes to The Arc NW



The Michigan State University Community Music School in Detroit, in partnership with The Arc NW, is proud to present a weekly music program for kids called Hip Hop Tots starting in April. Music classes will expose children to many different kinds of music and movement through an evidence-based curriculum proven to encourage musical, cognitive, social and emotional development. **Sessions will be held on Saturdays, April 6th through June 1st (no session on May 25th), from 2:00 p.m. until 2:45 p.m. at The Arc NW office in Redford.** This program is appropriate for children ages birth through 6 years, but children of other ages are also welcome. Contact Lana Richardson to sign up at lrichardson@thearcnw.org. Space is limited so sign up today!

Hip Hop Tots is led by Christie Lower, who earned her Bachelor of Music Education from MSU. She holds certifications in Music Learning Theory, Early Childhood and Elementary Music.

JFC

Friday, March 15

7:00 - 9:30pm

Thurston High School

Redford

\$3 at the door - Front Door Entrance



DANCE

GUYS & DOLLS

SATURDAY AFTERNOON BOWLING

OAK LANES.

Afternoon bowling continues as scheduled!

For more info please contact:

Jim Gallas 248-318-8856 (cell) or
jagallas@comcast.net



Last day of bowling: Saturday, May 11

End of Season Banquet/Awards Ceremony

Saturday, May 18, Joy Manor Noon - 4:00pm

The Arc Early Birds Bowling League



We bowl every other Saturday morning at 9:00 at Oak Lanes on Middlebelt in Livonia. It's a fun league made up of bowlers with a variety of skill levels. If you want to join, please call Vicki Soto at 734-422-3732.

Donations

Victoria Peplin
Ted and Donna Krese
Kathleen Cafferty

Memorials

In Memory of Mary Larkin

Yvonne and Carol Burdziak

In Memory of Mr. James Leonard

Connie DiPonio

Won't you join & support The Arc NW as a member?

The Arc NW provides advocacy, support and information on disability-related issues across the lifespan.

We seek - and work - to build a more inclusive community.

See the Membership Application on the back page of this newsletter or join us online at www.thearcnw.org

Achieve with us.

If you hear of the passing of an Arc member please let us know. Help us honor the memories of our members and support one another through difficult times.

Call The Arc NW office at
313-532-7915

Interested in Serving on The Board of Directors of The Arc NW?


We're seeking individuals wishing to contribute their time, experience, and resources to furthering The Arc NW's mission of "support, information and advocacy" on behalf of people with intellectual and developmental disabilities.

We've come a long way - and there is still much to be done!

Contact our Nominations Committee Chair,
Rebecca Wenglinski at
beckpolska@gmail.com or call her at 313-378-9876.



The Arc.
Northwest Wayne County

Achieve with us.

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|--|--|---|---|
|  | | | | | | 1 Basketball District Tournament Northville 3-2-19 |
| 3 Swimming Schoolcraft 4 - 5pm Beginners 5 - 6pm Advanced | 4 Wolverines 7:00pm - 8:00pm Cooper Pistons 7:00pm - 8:00pm Riley North Gym | 5 Cooper Hotshots 6:00pm - 7:00pm Lightning 7:00pm - 8:00pm | 6 | 7 | 8 | 9 Bowling 9:30am Oak Lanes Guys & Dolls Bowling 1:15 Check-In Oak Lanes |
| 10 NO Swimming Schoolcraft Spring Break | 11 Wolverines 7:00pm - 8:00pm Cooper Pistons 7:00pm - 8:00pm Riley North Gym | 12 Field & Track Franklin HS Fieldhouse 7:00pm Cooper Hotshots 6:00pm - 7:00pm Lightning 7:00pm - 8:00pm | 13 Board Meeting 6:00pm Arc Office On the 12th | 14 | 15 JFC St. Patrick's Dance 7:00 - 9:30 Thurston HS Basketball State Tournament Franklin HS 15th & 16th | 16 Guys & Dolls Bowling 1:15 Check-In Oak Lanes |
| 17 Swimming Schoolcraft 4 - 5pm Beginners 5 - 6pm Advanced | 18 Wolverines 7:00pm - 8:00pm Cooper Pistons 7:00pm - 8:00pm Riley North Gym | 19 Field & Track Franklin HS Fieldhouse 7:00pm Cooper Hotshots 6:00pm - 7:00pm Lightning 7:00pm - 8:00pm | 20 | 21 AIG Beyond Group Homes 6:30pm - 8:30pm | 22 | 23 Bowling 9:30am Oak Lanes Guys & Dolls Bowling 1:15 Check-In Oak Lanes |
| 24/31 Swimming Schoolcraft 4 - 5pm Beginners 5 - 6pm Advanced | 25 Wolverines 7:00pm - 8:00pm Cooper Pistons 7:00pm - 8:00pm Riley North Gym | 26 Field & Track Franklin HS Fieldhouse 7:00pm Cooper Hotshots 6:00pm - 7:00pm Lightning 7:00pm - 8:00pm | 27 | 28 AIG Estate Planning for Your Future 6:30pm - 8:30pm | 29 | 30 Guys & Dolls Bowling 1:15 Check-In Oak Lanes |

CHECK IT OUT!
The Arc of Northwest Wayne County's
Web Site
thearcnw.org

Friend us on Facebook
The Arc of Northwest Wayne County



Facebook



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Redford, MI 48239

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26049 Five Mile Road
Redford, Michigan 48239
313-532-7915

Inside The Arc is also available online at
thearcnw.org
Call 313-532-7915 to end your printed mailed newsletter.

Membership Application

Name _____

Email Address _____ **Daytime Phone** _____

Address _____

City _____ **State** _____ **Zip** _____

Name _____ **Birth Date** _____

(Name line above for member(s) with intellectual and developmental disability)

Address (if different) _____

Telephone (if different) _____

Welcome!

Membership Dues

- New Member
- Renewing Member
- Associate Member
- \$35 Annual Family or Group Home Membership
- \$25 Individual Membership
- \$25 Associate Membership

DONATIONS \$10 \$25 \$50 \$100 \$150 _____ Other